

Tips to **MAXIMIZE**  
your 2009...



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1. **Get a bible.** *If you do not have one, please complete the enclosed request form.*

2. **Get a prayer journal.** *This can be a simple spiral notebook from Walgreens. Speak your prayers and document them. Document your experience from Winter Camp as well and put a little page marker on it, or fold the corners. So on a bad day, dry season, where you doubt the existence of God, you can turn to that page, read it and be reminded.*

3. **Write in your prayer journal.**

4. **Choose to make 2009 completely**

**His.** *Bring the same Jesus that you experienced at Winter Camp with you in 2009. Make it completely belong to Him.*

5. **Get plugged into a local church.** *If you attend VBC, commit Sundays' to Him- 9am service and 1130am Sunday School. We encourage you to attend Sunday School. The class is designed to help show you how to dissect and study the Word of God.*

## Healing Scriptures

*Praise the LORD, O my soul, and forget not all his benefits - who forgives  
all your sins and heals all your diseases. Psalm 103:2-3*

Exodus 15:26	Luke 10:19
John 9:31	Psalm 89:34
John 10:10	Psalm 91:16
Romans 4:19-21	Psalm 103:3
Romans 8:11	Psalm 105:37
II Corinthians 1:20	Psalm 107:20
II Corinthians 10:3-5	Psalm 118:17
Galatians 3:13	Proverbs 3:3-6
Ephesians 6:10-17	Proverbs 4:20-23
Philippians 1:6	Isaiah 41:10 & 13
Philippians 2:13	Isaiah 43:25-26
Philippians 4:6-8	Isaiah 53:4-5
II Timothy 1:7	Jeremiah 1:12
Hebrews 4:12	Jeremiah 30:17
Hebrews 10:23 & 25	Hosea 4:6
Hebrews 10:35	Joel 3:10
Hebrews 11:11	Nahum 1:7&9
Hebrews 13:8	Matthew 18:18-20
James 1:5	Matthew 21:21
James 3:17	Mark 11:23-34
James 4:7-8	Mark 16:18
James 5:14-15	Deuteronomy 28:1-2
I Peter 2:24	Deuteronomy 7:15
I Peter 5:7-9	Exodus 23:25
I John 3:22	Revelation 12:11
I John 5:14-15	

*Material adapted from Lakewood Church*

## Resources: Hook Up

### Book Recommendations

- “The Purpose Driven Life” - Rick Warren
- “The Bondage Breaker” - Neil T. Anderson
- “Completely His” - Shannon Ethridge
- “Boy Meets Girls” Joshua Harris
- “Lady in Waiting” - Elisabeth Elliot
- “The Sacred Romance” - Brent Curtis & John Eldredge
- “Breaking Free” - Beth Moore
- “The Journey” - Billy Graham
- “Knowing God” J.I. Packer
- “My Utmost for His Highest” Oswald Chambers



### Daily E-Devotionals

- E-Quip (Pastor Kevin Kinchen)  
<http://www.e-quip.org/>
- Renamation (Michael & Sue Truong)  
[www.renamation.blogspot.com](http://www.renamation.blogspot.com) or subscribe  
via email to: [vbcyouthhouston@gmail.com](mailto:vbcyouthhouston@gmail.com)
- Our Daily Bread  
<http://www.rbc.org/index.aspx>

## Stay CONNECTED

Our life is a journey full of decisions that we must make about turns and destinations. God's Word is a road map to help us on our journey.

### How do I spend time in God's Word? Keep It Simple!

*Here are some practical suggestions to help you:*

1. Make it a priority in your day. What could be more important than spending time with the One who created you and who loves you more than anyone else?
2. Choose a time and location where you will not be distracted.  
*Don't get discouraged if you miss a few days. Any amount of time in God's Word is better than none.*

### Tips for each day

*Main thought*

- Read your passage for the day and write it out in your notebook.
- Write out what the passage means by answering the following the 4 'W's' - who, what, why & when.

*Use what I read*

- After you discover what the passage is saying, write how you think it speaks to your life.
- Is there anything particular that God may be saying to your heart?

*Prayer*

- Pray during the day that you will be reminded about what you looked at in the Bible and that you would be able to use it to your life.

### Praying Tips

Praying is simply talking to God. Have a conversation with Him as if you were talking to a friend sitting in front of you.

Here is a helpful way to guide you in prayer:

- A** - adoration (tell Him how wonderful He is, and so on)
- C** - confess (tell Him what you did "wrong" - repent of your sin)
- T** - thanksgiving (tell Him the things you are thankful for)
- S** - supplication (present your request to God for the things you need)

## Start-UP: Devotional Verses

James 4:17  
John 3:16  
John 10:10  
Romans 3:23  
Romans 6:23  
2 Corinthians 15:14-15  
John 14:6  
Colossians 1:13-14  
John 1:12  
Matthew 6:33  
Ephesians 2:8-9  
2 Corinthians 5:17  
Matthew 7:7  
1 Corinthians 15:33  
James 1:22  
Hebrews 10:24-25  
Galatians 6:7-8  
Galatians 5:16  
1 Peter 2:21

I Peter 3:15  
1 Corinthians 16:14  
John 13:34-35  
Hebrews 3:13  
Mark 10:45  
2 Timothy 2:15  
1 Corinthians 10:13  
Matthew 6:24  
1 Corinthians 6:19-20  
2 Corinthians 4:18  
Philippians 4:6-7  
1 John 5:11-13  
Romans 12:1-2  
Mark 1:35  
Matthew 28:18-20  
John 15:5  
Ephesians 4:1-3  
Philippians 3:7-11

- Write out each verse using the method described on “Stay CONNECTED” page.
- Try to study one verse each day.



## Who I Am IN Christ

### I Am Accepted

John 1:12	I am God's child.
John 15:15	I am Christ's friend.
Romans 5:1	I have been justified.
1 Cor. 6:17	I am united with the Lord, and I am one spirit with Him.
1 Cor. 6:19, 20	I have been bought with a price. I belong to God.
1 Cor. 12:27	I am a member of Christ's body.
Eph 1:1	I am saint.
Eph. 1:5	I have been adopted as God's child.
Eph. 2:18	I have direct access to God through the Holy Spirit.
Col. 1:14	I have been redeemed and forgiven of all my sins.
Col. 2:10	I am complete in Christ.

### I Am Secure

Rom. 8:1, 2	I am free forever from condemnation.
Rom. 8:28	I am assured that all things work together for good.
Rom. 8:31-34	I am free from any condemning charges against me.
Rom. 8:35-39	I cannot be separated from the love of God.
2 Cor. 1:21, 22	I have been established, anointed and sealed by God.
Col. 3:3	I am hidden with Christ in God.
Phil. 1:6	I am confident that the good work that God has begun in me will be perfected.
Phil. 3:20	I am a citizen of heaven.
2 Tim. 1:7	I have not been given a spirit of fear but of power, love and a sound mind.
Heb. 4:16	I can find grace and mercy to help in time of need.
1 John 5:18	I am born of God and the evil one cannot touch me.

### I Am Significant

Matt. 5:13, 14	I am the salt and light of the earth.
John 15:1, 5	I am a branch of the true vine, a channel of His life.
John 15:16	I have been chosen and appointed to bear fruit.
Acts 1:8	I am a personal witness of Christ.
1 Cor. 3:16	I am God's temple.
2 Cor. 5:17-21	I am a minister of reconciliation for God.
2 Cor 6:1	I am God's coworker (1 Cor. 3:9)
Eph 2:6	I am seated with Christ in the heavenly realm.
Eph. 2:10	I am God's workmanship.
Eph. 3:12	I may approach God with freedom and confidence.
Phil. 4:13	I can do all things through Christ who strengthens me.

*Material adapted from "The Bondage Breaker" by Neil T. Anderson*

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